



# HIKING

BRITISH COLUMBIA, CANADA  
**REVELSTOKE.**

## GLACIER NATIONAL PARK

This glacier-studded landscape is home to steep mountains, diverse wildlife and a rich railway history. Explore century old trails ranging from gentle strolls in lush forests to challenging hikes with views that will take your breath away. Use the trail difficulty ratings to choose a hike suitable for everyone in your party. For trail conditions and more information, visit [pc.gc.ca/glacier](http://pc.gc.ca/glacier).

**WHEN TO VISIT:** June to October, dependent on snow conditions. High elevation trails can be snowbound until July.  
**VISITING WITH DOGS:** Ensure your dog is always on a leash and under control. Dogs are not allowed on the Balu Pass trail and Connaught Creek area.

Please note: All persons entering Glacier National Park require a Parks Canada entry pass.

**Legend**

- Hiking Trail
- Trans Canada Highway
- Railroad
- Park Boundary
- Campsite
- Hut
- Backcountry Campsite
- Rogers Pass Discovery Centre

**Hiking Trails**

- Hemlock Grove
- Rock Garden
- Loop
- Meeting of the Waters
- 1885
- Bear Creek Falls
- Marion Lake
- Great Glacier
- Bostock Creek
- Avalanche Crest
- Balu Pass
- Asulkan Valley
- Hermit
- Sir Donald
- Glacier Crest
- Perley Rock
- Abbott Ridge
- Beaver Valley
- Bald Hills

**Trail Ratings:**

- Easy
- Moderate
- Difficult

- HEMLOCK GROVE**   
350 m loop • 15 min  
Interpretive boardwalk through old-growth cedar & hemlock forest.
- ROCK GARDEN**   
428 m loop • 30 min  
Interpretive trail with rock staircases and stepping stones.
- LOOP BROOK TRAIL**   
1.7 km return • 45 min  
Interpretive trail on old rail grade highlighting railway history.
- MEETING OF THE WATERS**   
1.3 km loop • 30 min  
Forest walk past the confluence of Asulkan Brook and Illecillewaet River.
- 1885**   
7.2 km return • 2 hrs  
Interpretive trail along the original Canadian Pacific rail grade.
- BEAR CREEK FALLS**   
1 km return • 1 hr  
Short and steep trail down to the falls.
- MARION LAKE**   
4.4 km return • 2.5 hrs  
Steep forested hike along the first leg of the Abbott Ridge Trail.
- GREAT GLACIER**   
6.4 km return • 3.5 hrs  
Trail up to the sloping bedrock below the Illecillewaet Glacier.
- BOSTOCK CREEK**   
15.6 km return • 7 hrs  
Moderate hike through the interior rainforest and into the subalpine.
- HEMLOCK GROVE**   
350 m loop • 15 min  
Interpretive boardwalk through old-growth cedar & hemlock forest.
- BALU PASS**   
12.8 km return • 4 hrs  
Trail through avalanche paths into alpine meadows.
- ASULKAN VALLEY**   
13.8 km return • 6 hrs  
Glacier views, mountain scenery, and waterfalls.
- HERMIT**   
6.4 km return • 4 hrs  
Steep trail to alpine meadows, there is a designated campsite up top.
- SIR DONALD**   
10.2 km return • 5 hrs  
Built as a mountaineering route, this is a rigorous hike.
- GLACIER CREST**   
11.4 km return • 6 hrs  
Steep trail onto a ridge providing a panoramic view of rock and ice.
- PERLEY ROCK**   
10.8 km return • 6 hrs  
Steep hike ending at a viewpoint overlooking the Illecillewaet Icefield.
- ABBOTT RIDGE**   
13.6 km return • 6.5 hrs  
Trail up to alpine tundra that ends on a narrow ridge.
- BEAVER VALLEY &**   
**BALD HILLS** *Multi-day hikes.*  
Parks Canada reports for the first 7km of this trail up until Grizzly Creek. The remaining of the trail is unmaintained and requires advanced mountain travel skills, use at your own risk. Check Parks Canada's website for more info.

**Apex Rafting**  
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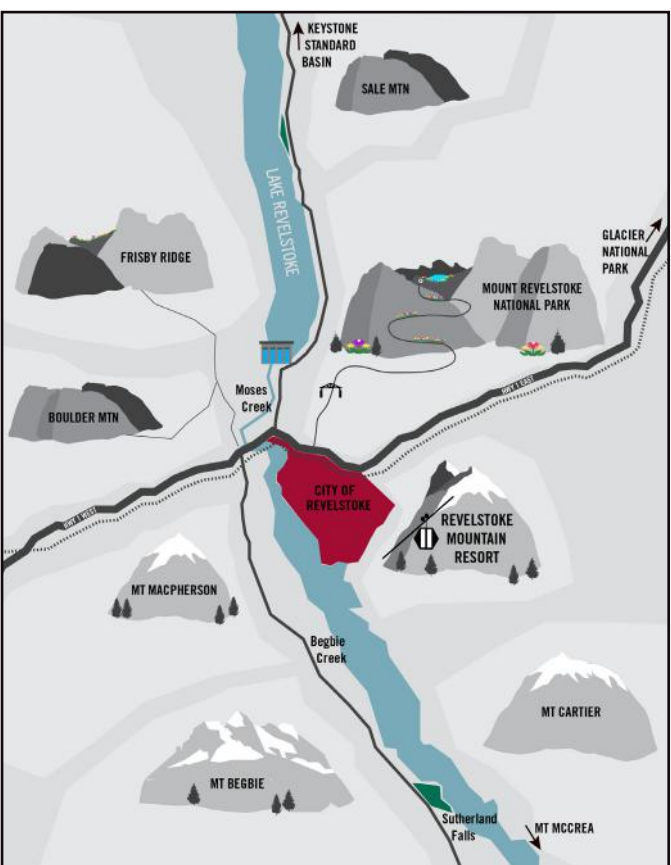
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## HIKING TRAIL LOCATIONS



**FOR MORE INFORMATION**  
Visitor Information Centre  
301 Victoria Road W.  
250-837-5345 / 1-800-487-1493

Parks Canada: 250-837-7500  
Revelstoke Parks & Recreation: 250-837-9351  
BC Ministry of Forests: 250-837-7611  
Emergency: 911

## REVELSTOKE.

## MOUNT REVELSTOKE NATIONAL PARK

A hidden gem nestled just off Hwy #1 near the City of Revelstoke, adventure awaits in old growth forests and flowering meadows. The centrepiece of the park is the Meadows in the Sky Parkway, a 26 km paved road that climbs 1600 metres to the summit of Mount Revelstoke. The parkway provides access to most trailheads in the park and features seven impressive roadside viewpoints. Use the trail difficulty ratings to choose a hike suitable for everyone in your party. For trail conditions and more information, visit [pc.gc.ca/revelstoke](http://pc.gc.ca/revelstoke).

Please note: All persons entering Mount Revelstoke National Park require a Parks Canada entry pass.

**Meadows in the Sky Parkway**

Trailheads: 3, 4, 5, 6, 7, 8, 9, 10, 11, 12

Viewpoints: A, B, C, D, E, F

**Mount Revelstoke National Park**

**Summit Area**

Trailheads: 13, 14, 15, 16, 17, 18, 19, 20, 21

Viewpoints: A, B, C, D, E, F, G

**WHEN TO VISIT:** May to October, dependent on snow conditions. In the spring, the Meadows in the Sky Parkway opens gradually in elevation as the snow melts. The summit is typically accessible from June to September, showcasing peak wildflower displays in mid-summer. Parking at the summit area is often limited at this time.

**MEADOWS IN THE SKY PARKWAY DRIVING RESTRICTIONS:** Closes to vehicle traffic in the evenings. Check the hours posted at the welcome station as you enter. Towed trailers, and buses and RVs over 26' are not permitted on the parkway. Trailers may be parked at the Nels Nelsen Historic Area.

**VISITING WITH DOGS:** Ensure your dog is always on a leash and under control. Dogs are not allowed above the Columbia Viewpoint on the Meadows in the Sky Parkway, including the Eva, Miller and Jade Lakes trails.

**Mount Revelstoke Summit Area**

Trailheads: 13, 14, 15, 16, 17, 18, 19, 20, 21

Viewpoints: A, B, C, D, E, F, G

### HIGHWAY 1

- GIANT CEDARS**   
0.5 km loop • 15 min  
Boardwalk through old growth forest, 29 km east on Hwy #1.
- SKUNK CABBAGE**   
1.2 km loop • 30 min  
Boardwalk through mountain wetland, 27 km east on Hwy #1.
- INSPIRATION WOODS**   
2.5 km loop • 1 hr  
Gentle walk through interior rainforest.
- SOREN SORENSON 2K**   
2 km loop • 30 min  
Multi-use (hike/bike) trail through interior rainforest.
- SOREN SORENSON 5K**   
5 km loop • 1.5 hrs  
Multi-use (hike/bike) trail through interior rainforest.
- NELS' KNICKERS**   
300m one-way • 10 min  
Short and gentle walk to the top of the historic Nels Nelson Ski Jump.
- BROKEN BRIDGE**   
1 km • 30 min  
Short walk through forest overlooking valley views with a moss-covered, twisted, wooden bridge at the end.
- MOUNT REVELSTOKE**   
1.3 km one-way • 30 min  
Multi-use (hike/bike) trail connecting the ski jump to the Railway Museum.
- 23 CONNECTOR**   
2.2 km one-way • 30 min  
Multi-use (hike/bike) trail connecting the parkway to Hwy 23 North.
- NELS NELSEN SKI JUMP**   
400 m one-way • 30 min  
Explore the historic ski jump. Self guided tour pamphlet available.
- SUMMIT**   
10 km one-way • 4-5 hrs uphill  
Trail from Nels Nelsen parking lot to Mount Revelstoke summit. Partial dog restriction in effect.
- LINDMARK**   
7.5 km one-way • 3.5 hrs uphill  
Steep trail from Monashee Picnic Area to Balsam Lake. Partial dog restriction in effect.
- UPPER SUMMIT**   
1 km one-way • 30 min  
Trail passes through subalpine forest to the summit meadows.
- FIRE LOOKOUT**   
16 km one-way • 15 min  
Trail leads to the historic Summit Fire Lookout, with a spectacular 360 degree views.
- KOO KOO SINT**   
700 m loop • 30 min  
Learn about David Thompson and the Columbia River.
- HEATHER LAKE**   
400 m loop • 10 min  
Short walk around a subalpine lake.
- FIRST FOOTSTEPS**   
750 m loop • 30 min  
View First Nations art through subalpine meadows.
- MILLER LAKE**   
5.8 km one-way • 2-3 hrs  
A short side trip from the Eva Lake trail to a beautiful lake.
- EVA LAKE**   
7.1 km one-way • 2-3 hrs  
Classic Subalpine hike over gently rolling terrain.
- JADE LAKES**   
9.4 km one-way • 3-4 hrs to the first Lake  
Climb over Jade Lake Pass through treeless alpine tundra.

### LOWER ELEVATION

- INSPIRATION WOODS**   
2.5 km loop • 1 hr  
Gentle walk through interior rainforest.
- SOREN SORENSON 2K**   
2 km loop • 30 min  
Multi-use (hike/bike) trail through interior rainforest.
- SOREN SORENSON 5K**   
5 km loop • 1.5 hrs  
Multi-use (hike/bike) trail through interior rainforest.
- NELS' KNICKERS**   
300m one-way • 10 min  
Short and gentle walk to the top of the historic Nels Nelson Ski Jump.
- BROKEN BRIDGE**   
1 km • 30 min  
Short walk through forest overlooking valley views with a moss-covered, twisted, wooden bridge at the end.
- MOUNT REVELSTOKE**   
1.3 km one-way • 30 min  
Multi-use (hike/bike) trail connecting the ski jump to the Railway Museum.
- 23 CONNECTOR**   
2.2 km one-way • 30 min  
Multi-use (hike/bike) trail connecting the parkway to Hwy 23 North.
- NELS NELSEN SKI JUMP**   
400 m one-way • 30 min  
Explore the historic ski jump. Self guided tour pamphlet available.
- SUMMIT**   
10 km one-way • 4-5 hrs uphill  
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- LINDMARK**   
7.5 km one-way • 3.5 hrs uphill  
Steep trail from Monashee Picnic Area to Balsam Lake. Partial dog restriction in effect.
- UPPER SUMMIT**   
1 km one-way • 30 min  
Trail passes through subalpine forest to the summit meadows.
- FIRE LOOKOUT**   
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Learn about David Thompson and the Columbia River.
- HEATHER LAKE**   
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Short walk around a subalpine lake.
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750 m loop • 30 min  
View First Nations art through subalpine meadows.
- MILLER LAKE**   
5.8 km one-way • 2-3 hrs  
A short side trip from the Eva Lake trail to a beautiful lake.
- EVA LAKE**   
7.1 km one-way • 2-3 hrs  
Classic Subalpine hike over gently rolling terrain.
- JADE LAKES**   
9.4 km one-way • 3-4 hrs to the first Lake  
Climb over Jade Lake Pass through treeless alpine tundra.

### SUMMIT AREA

- BALSAM LAKE**   
0.5 km loop • 10 min  
Trail starts at Balsam Lake and loops around the small subalpine lake.
- EAGLE KNOLL**   
1 km one-way • 30 min  
A secluded uphill trail with long views of Lake Revelstoke.

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**GET INTO THE ALPINE**  
WITH OVER 20KM OF HIKING TRAILS  
[revelstokemn.com/hiking](http://revelstokemn.com/hiking)

**Play Clean Go**  
STOP INVASIVE SPECIES IN YOUR TRACKS  
**REMOVE** plants, animals & mud from boots, gear, pets & vehicle.  
**CLEAN** your gear before entering & leaving the recreation site.  
**STAY** on designated & trails.

**REVELSTOKE VISITOR CENTRE**  
**DON'T WAIT! Get The Best Local Tips!**  
301 W Victoria Road | [info@revelstokechamber.com](mailto:info@revelstokechamber.com)  
250.837.5345 | 1.800.487.1493

# REVELSTOKE HIKING TRAILS

## 1 WILLIAMSON LAKE TRAIL

1.4 km (one-way)

This hiking trail circles clockwise around the lake to the other side and ends just after the bridge. You will need to return on the same path. The trail is a fairly even grade most of the way with the exception of a few really steep sections on the far side of the lake. Dogs welcome.

Access:

- Take Airport Way to Williamson's Lake Rd (4.5 km from downtown).
- From the campground parking, walk down to the lakeshore and work your way to the north. Signs indicate the start of the trail.

## 2 MCCRAE LAKE RECREATION TRAIL (below)

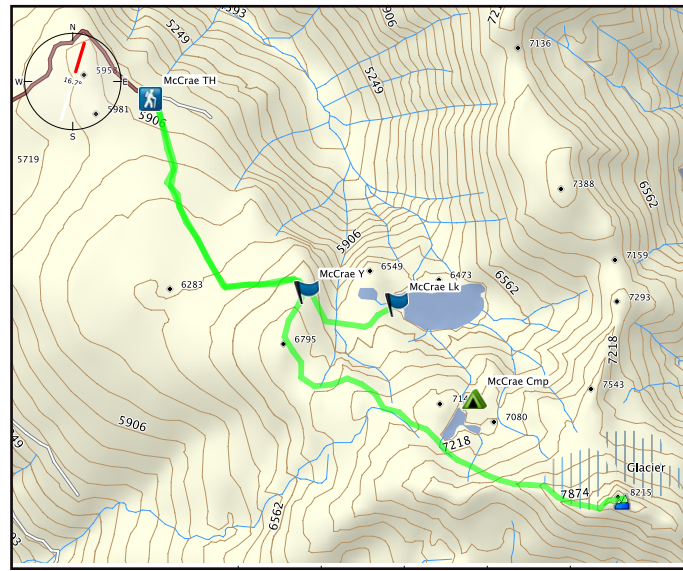
5.5 km to McCrae Lake | 9km to McCrae Peak (return)

**Note:** This trail is for advanced backcountry users only, the access is very difficult to find and takes over 1h to reach from downtown with no cellphone service. 4x4 is recommended but not necessary. Be aware that this is an active logging road - consider carrying a radio to communicate with logging vehicles.

With more than 50km drive to sub alpine and a short approach trail to a spectacular setting, this is a great high elevation hike. This trail is managed by Recreation Sites and Trails BC.

Access:

- Take Airport Way past the end of the pavement (14.5 km south from Nichol Rd).
- Go left on Akolkolex FSR.
- Keep left at the Y @ 7.2 km.
- Go over Akolkolex River Bridge.
- Stay left for 4.7 km then turn left.
- From here, you will see small hiking signs to parking.



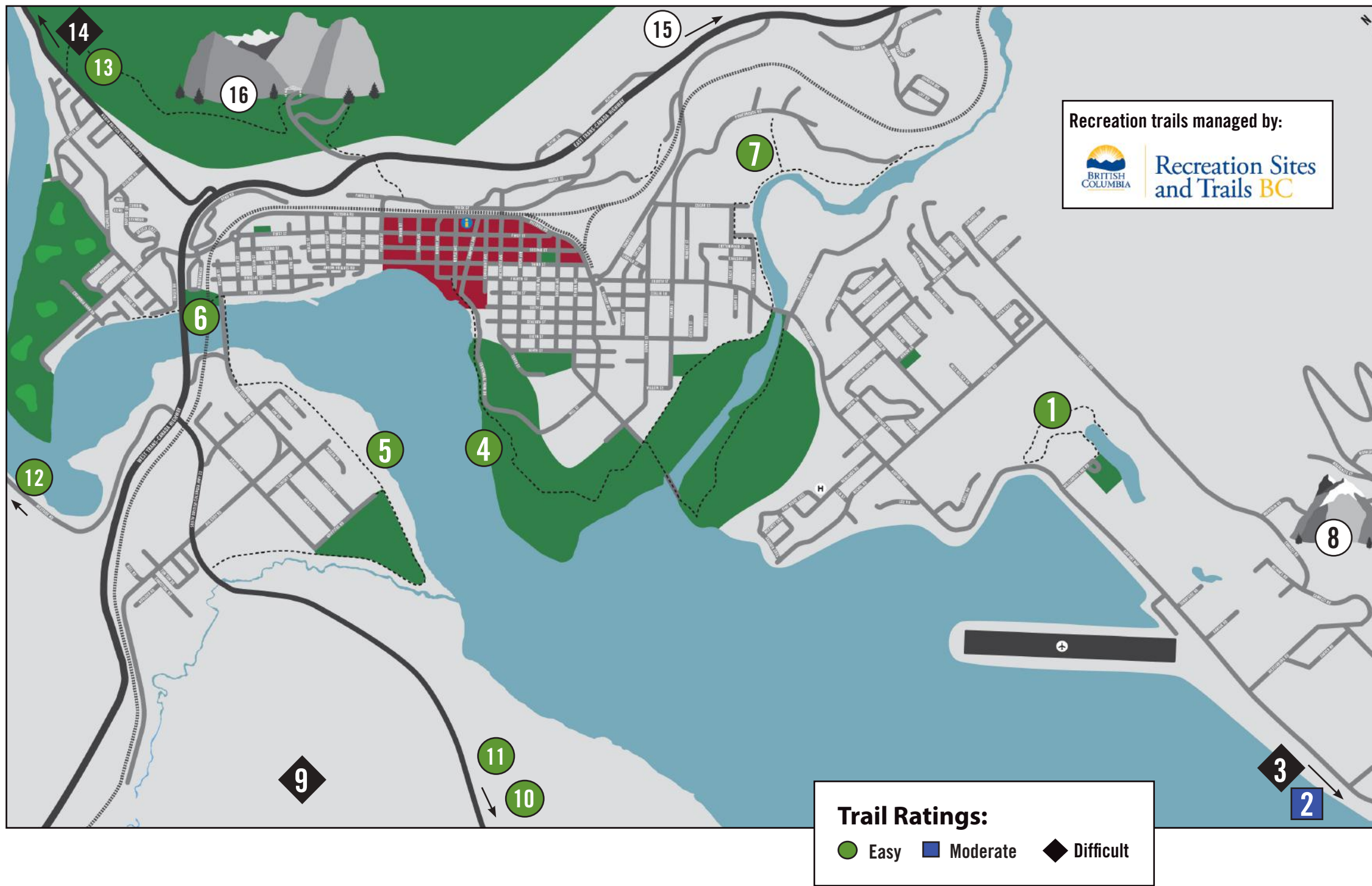
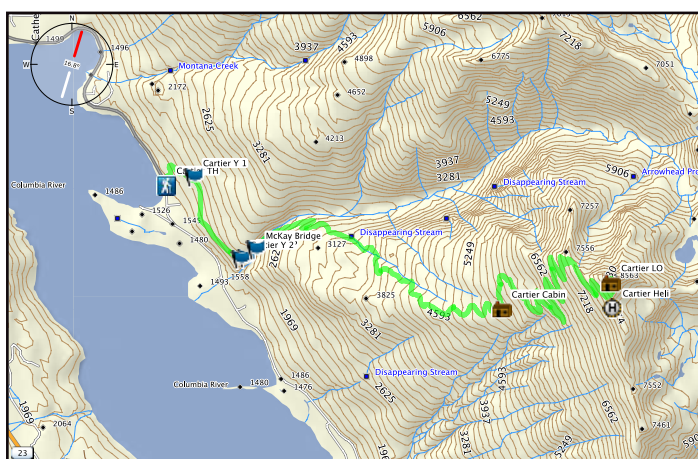
## 3 MOUNT CARTIER RECREATION TRAIL (below)

2.6 km to lookout | 17km to peak (one-way)

This trail affords excellent viewing of Upper Arrow Lake and the surrounding mountain landscapes. The trail starts at valley bottom and goes right to the summit, through thick forests, over rumbling creeks, and up hills leading to the spectacular mountain views and alpine meadows. This trail is managed by Recreation Sites and Trails BC.

Access:

- Head south on Airport Way for 10 km.
- There is a brown trailhead kiosk on the east side of the road, park on the shoulder.



## GREENBELT RIVER TRAILS (access points below)

### 4 COMMUNITY CENTRE

This trail follows the Columbia River towards an osprey nesting area and bird sanctuary. Choose from a multi-use easy paved path or dirt options closer to the river bank. Cross the pedestrian bridge to a Frisbee Golf course. For the complete version start at Centennial Park Rd. and finish at Powerhouse Rd.

### 5 REVELSTOKE DIKE WALK

Cross the single-lane Big Eddy Bridge on Wilson St. and Big Eddy Rd. Turn left onto the dike. Here you can also choose from a multi-use easy paved path or dirt options. These trails provide a good afternoon of exploring the Big Eddy area along the Columbia River. It is best to explore these trails early spring or late fall when the River is low.

### 6 WOODENHEAD PARK

A popular rest stop, this access point is located right off the Trans-Canada Highway by the Columbia River Bridge. Connect this trail with the Revelstoke Dike Walk (above) using the Big Eddy Bridge.

### 7 BRIDGE CREEK

This 'trail' or more aptly named 'road' would be of interest to those wanting to view the spawning Kokanee fish in the fall months. This is also a great access point to the greenbelt pathway to enjoy the views along the Illecilleweat river where it meets with the Columbia river.

## 8 REVELSTOKE MOUNTAIN RESORT

Revelstoke Mountain Resort offers beginner to advanced hiking trails. In the height of summer, ride the Revelation Gondola to the top and hike along trails winding you through the temperate rainforest, across wildflower meadows and into the alpine.

### ■ BOTTOMS UP 2.9 km (one-way)

Starts at the end of the Village to Revelation Lodge via a series of switchbacks.

### ■ TAKE IT EASY 2.0 km (loop)

Impressive views of the Columbia River.

### ■ STROKE CLIMB 7 km (one-way)

This trail features impressive views and winds you up to the alpine through subalpine rainforest and wildflower meadows.

### ■ GREELY TRAIL 5.5 km (one-way)

Walk through subalpine rainforest to Greely Lake.

### ◆ KILL THE BANKER 3.8 km (one-way)

For expert hikers only. This trail includes steep pitches and rocky terrain.

### ◆ SUBPEAK LOOP 1.8 km (loop)

For expert hikers only. This trail features steep pitches, rocky terrain and incredible views.

### WATCH FOR MORE COMING SOON!

For more info and map, visit: [revelstokemountainresort.com/hiking](http://revelstokemountainresort.com/hiking)

Access:

- Travel west on Victoria Rd.
- Turn left onto 4th St.
- Turn left onto Nichol Rd.
- Turn right onto Camozzi Rd. Follow to the base of the Resort.

## 9 MOUNT BEGBIE RECREATION TRAIL (below)

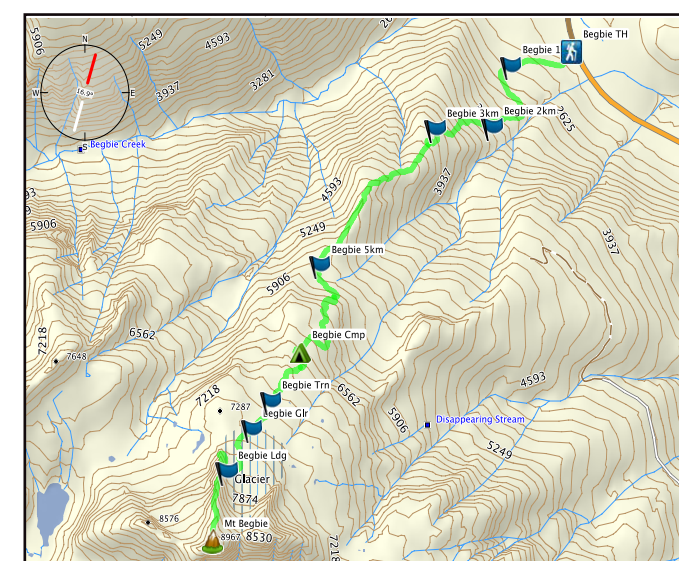
5 km to the campsite | 6 km to the glacier (one-way)  
Allow 4h to 6h one-way as this trail is very steep.

This is a steep trail with very little views most of the way, eventually leading to a spectacular setting. This trail is not for the faint of heart but well worth the effort. This trail is managed by Recreation Sites and Trails BC. Stay informed about the snow level before choosing this hike, talk to our Visitor Centre for help.

Access:

- 10 km on Highway 23 South.
- Look for trail head sign on right, pull off highway.

*Note: Mountaineering skills are required to cross the glacier and complete the final ascent to the summit.*



## THE WATERFALL TRIFECTA

Located on the same corridor, these three unique waterfalls can all be easily accessed in one day. See the access points below.

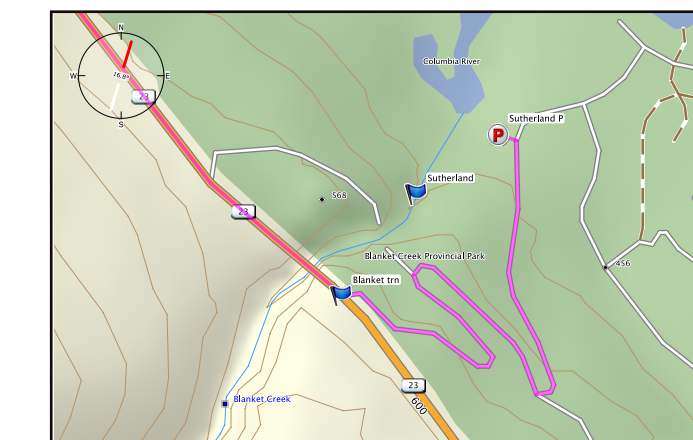
## 10 SUTHERLAND FALLS (below)

1 km (one-way) | 5-10 min

The Sutherland Falls Hiking Trail at Blanket Creek Provincial Park leads to a 12m high waterfall. This short trail is an easy grade hike leading to a viewpoint.

Access:

- 23 km on Highway 23 South.
- Drive down into Blanket Creek Prov. Park, follow signs.



## 11 BEGBIE FALLS RECREATION TRAIL

3 km to Begbie Falls (one-way)

From the parking area on Highway 23 South, this trail will take you through a beautiful forest, mostly following Begbie Creek. Keep to the main trail, away from the bluffs. When arriving at the Begbie Falls Recreation Site, you're a short and steep 15 minute hike away from the waterfall platform. This trail is managed by Recreation Sites and Trails BC.

Access:

- 8 km on Highway 23 South.
- Look for trail head sign and parking lot on left.

## 12 MOSES FALLS

1 km (one-way)

Moses Falls is hidden from view from any road in Revelstoke, so it is generally not a well-known spot. The trail goes down a steep hill a short distance, then intersects with a gravel road. Keep going across the road and pick up the faint trail heading into the trees almost directly across from where the trail hits the road.

Access:

- 6.1 km north on Westside Road from the Highway 23 South intersection.
- Trail is on the right.

## HIKING IN BEAR COUNTRY

Be **LOUD!**  
Make **NOISE.**

Travel in **TIGHT GROUP.**

If you encounter a bear **BACK AWAY SLOWLY** and **LEAVE** the area.

## 13 RIVERSIDE FOREST WALK

2 km loop

Beginning at the BC Interior Forestry Museum and leading down to the Columbia River, this walk is accessible to all and also educational. While walking through the hemlock, cedar, and white pine forest enjoy the interpretive information and the sound of the Columbia River rolling by.

Access:

- Take Hwy 23 North for 4km.
- Look for BC Interior Forestry Museum on the left, park in the Museum parking lot and follow signage from there.

## 14 KEYSTONE STANDARD BASIN RECREATION TRAIL (below)

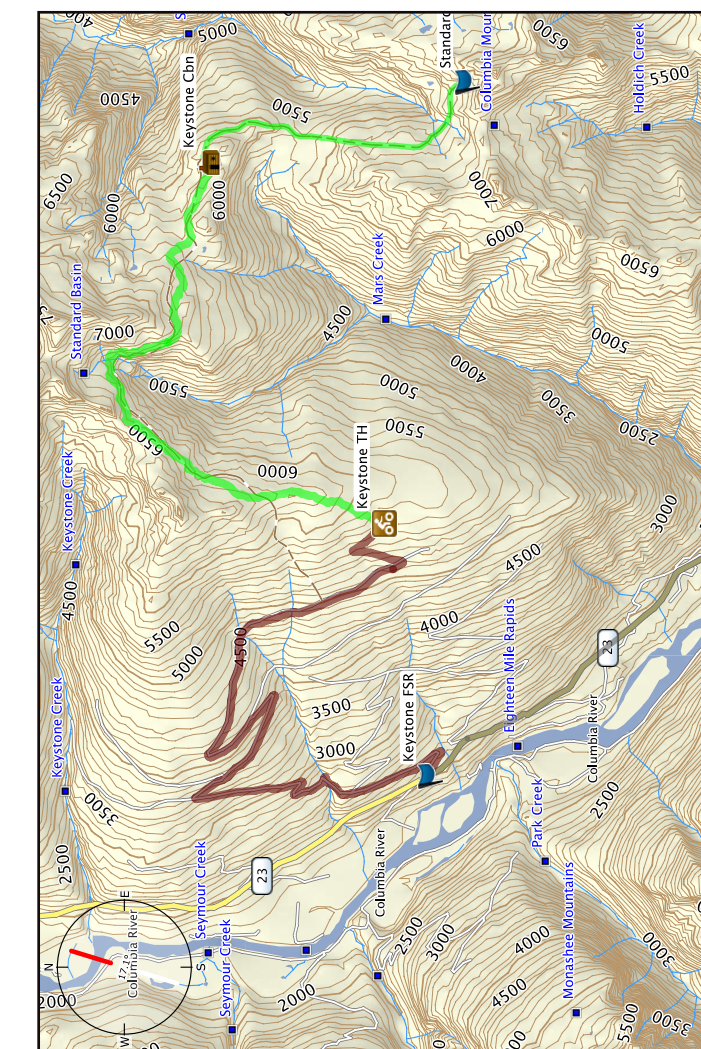
11 km to the cabin | + 5.7 km to Standard Basin (one-way)

**Note:** This trail is for advanced backcountry users only, the trailhead is over 1h away from Revelstoke with no cellphone service. 4x4 is recommended but not necessary. Please remember that it is the responsibility of the driver to travel at speeds that reflect road conditions.

This trail winds through alpine meadows, ending at a lake. Originally built for backpacking, this trail is on the bucket list for hikers, trail runners, and mountain bikers. Remember to share the trail with all users and stay on the trail. This trail is managed by Recreation Sites and Trails BC.

Access:

- Take Hwy 23 North.
- Turn right on Keystone FSR, located 50 km from the Trans Canada Hwy.
- Continue up for 18km to the parking lot and trailhead.



## 15 GLACIER NATIONAL PARK

See reverse for detailed maps. This area is managed by Parks Canada.

## 16 MOUNT REVELSTOKE NATIONAL PARK

See reverse for detailed maps. This area is managed by Parks Canada.

## PROTECT THE ENVIRONMENT

### ALPINE AREAS

Campfires damage the fragile environment, and increase fire hazard. Carry and use a camp stove for cooking.

### DRINKING WATER

Surface water may contain diseases or water borne microbes. You are advised to bring your own supply of drinking water treatment.

### PETS

If you travel with a pet, please ensure that it does not disturb people, animals, or property. Adhere to on-leash policies.

### RESPECT THE TRAILS

Please tread lightly, and stay on the trail. Minimize impact and respect other trail users.

### PACK OUT YOUR GARBAGE

Enough said.

### PREVENT FOREST FIRES

If you spot a fire, please call: 1-800-663-5555